

## St Thomas More Catholic Primary School Curriculum

To provide opportunities that enable our children to have the skills, knowledge, understanding, confidence and desire to achieve the highest standards of which they are capable. Enabling them to play an active part as responsible and caring members of the school community and beyond.

Humanities			Arts & Culture				Sciences			
History	Geography	Languages	Art & Design	RE	PSHE	Music	Science	PE	Computing	DT

### PSHE

An St Thomas More a PSHE expert will:

- Well- rounded individual
- Will have the knowledge, skills and understanding to lead confident, healthy and independent lives.

Supporting community priorities:

- Being language rich

Year Group	<u>Healthy and Safer Lifestyles</u> <u>-Personal Safety</u>	<u>Myself and My Relationships</u> <u>Anti-Bullying</u>	<u>Citizenship</u> <u>Diversity and Community</u>
<p style="text-align: center;">1</p> <p><b>Key Skill- Children can give an opinion.</b></p>	<p><b>Pupils will be taught:</b></p> <ul style="list-style-type: none"> <li>● About people who look after them, their family networks, who to go to if they are worried and how to attract their attention, ways that pupils can help these people to look after them.</li> </ul>	<p><b>Pupils will be taught:</b></p> <ul style="list-style-type: none"> <li>● To communicate their feelings to others, to recognise how others show feelings and how to respond.</li> <li>● To share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class.</li> <li>● To listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation).</li> <li>● ☒To recognise how their behaviour affects other people.</li> <li>● To recognise what is fair and unfair, kind and unkind, what is right and wrong.</li> <li>● To recognise when people are being unkind either to them or others, how to respond, who to tell and what to say.</li> </ul> <p><u>Myself and My Relationships- My Emotions.</u></p>	<p><b>Pupils will be taught:</b></p> <ul style="list-style-type: none"> <li>● That they belong to various groups and communities such as family and school.</li> </ul> <p><u>Citizenship – Diversity and Community</u></p>

Year Group			
<p style="text-align: center;">2</p> <p><b>Key Skill- Children can give and opinion and ask questions.</b></p>		<p><b>Pupils will be taught:</b></p> <ul style="list-style-type: none"> <li>● To communicate their feelings to others, to recognise how others show feelings and how to respond.</li> <li>● To share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class.</li> <li>● To listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation).</li> <li>● ☒To recognise how their behaviour affects other people.</li> <li>● To recognise what is fair and unfair, kind and unkind, what is right and wrong.</li> <li>● To recognise when people are being unkind either to them or others, how to respond, who to tell and what to say.</li> <li>● That people’s bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)</li> <li>● To identify and respect the differences and similarities between people.</li> <li>● To offer constructive support and feedback to others.</li> </ul>	<p><b>Pupils will be taught:</b></p> <ul style="list-style-type: none"> <li>● That people and other living things have needs and that they have responsibilities to meet them (including being able to take turns, share and understand the need to return things that have been borrowed).</li> </ul>

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<i>Year Group</i>	<u>Healthy and Safer Lifestyles</u>	<u>Myself and my relationships</u>	<u>Citizenship</u>
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<p style="text-align: center;"><b>3</b></p> <p><b>Key Skills- Children can give opinion, ask questions and identify who might be best be able to answer their questions.</b></p>	<p><b>Pupils will be taught:</b></p> <ul style="list-style-type: none"> <li>● To know the range of things that make them healthy.</li> <li>● To recognise that healthy eating is beneficial and how it supports physical activity.</li> <li>● To recognise and talk about the foods they like and to understand that we need food to be active and maintain health.</li> </ul>	<p><b>Pupils will be taught:</b></p> <ul style="list-style-type: none"> <li>● To recognise and respond appropriately to a wider range of feelings in others.</li> <li>● That their actions affect themselves and others.</li> <li>● To identify different types of bullying.</li> <li>● To understand how bullying affects people.</li> </ul>	<p><b>Pupils will be taught:</b></p> <ul style="list-style-type: none"> <li>● To recognise their own worth</li> <li>● To identify positive things about themselves and others.</li> <li>● To identify skills need to develop</li> <li>● To practice skills to be taught to be a good communicator, effective language skills and question skills.</li> </ul>
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Year Group	<u>Health and Safer Lifestyles</u>	<u>Myself and My Relationships</u>	<u>Economic Wellbeing</u>	<u>Citizenship</u>
<p style="text-align: center;"><b>4</b></p> <p><b>Key Skill- Children can explain their ideas and verablise how issues may affect people in different ways.</b></p>	<p>Pupils should be taught:</p> <ul style="list-style-type: none"> <li>● About people who are responsible for helping them stay healthy and safe and ways they can help these people.</li> </ul>	<p>Pupils should be taught:</p> <ul style="list-style-type: none"> <li>● To recognise changes that they and other children may experience in their lives.</li> <li>● To develop strategies for coping with feelings associated with loss and change.</li> <li>● To know who can help them if they are</li> </ul>	<p>Pupils should be taught:</p> <ul style="list-style-type: none"> <li>● To recognise the role money plays in their own and others' lives, including how to manage their money and about being a critical consumer.</li> </ul>	<p>Pupils should be taught:</p> <ul style="list-style-type: none"> <li>● To recognise their own worth</li> <li>● To identify positive things about themselves and others.</li> <li>● To identify skills need to develop</li> <li>● To practice skills to be taught to be a good communicator, effective language skills</li> </ul>

		experiencing difficult emotions, and how to approach them.		and question skills.
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<u>Year Group</u>	<u>Healthy and Safer Lifestyles</u>	<u>Myself and My Relationships</u>	<u>Citizenship</u>
<p><b>5</b></p> <p><b>Key Skill- Children verbalise how issues may affect people in different ways and explore issues with opposing views.</b></p>	<p><b>Pupils should be taught:</b></p> <ul style="list-style-type: none"> <li>• To know the names of trusted people</li> <li>• To know safe places at school.</li> <li>•</li> </ul>	<p><b>Pupils should be taught:</b></p> <ul style="list-style-type: none"> <li>• To realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours(including cyber bullying, use of prejudice-based language, how to respond and ask for help</li> <li>• To recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships.</li> </ul>	<p><b>Pupils should be taught:</b></p> <ul style="list-style-type: none"> <li>• What being part of a community means, and about the varied institutions that support communities locally and nationally.</li> <li>• To recognise the role of voluntary, community and pressure groups, especially in relation to health and wellbeing.</li> <li>• That resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment.</li> </ul>

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<u>Year Group</u>	<u>Healthy and Safer Lifestyles</u>	<u>Myself and My Relationships</u>	<u>Citizenship</u>
<p>6</p> <p><b>Key skill- Children can discuss and debate topical and controversial issues.</b></p>	<p><b>Pupils should be taught:</b></p> <p>Which, why and how, commonly available substances and drugs (including alcohol and tobacco) could damage their immediate and future health and safety, that some are legal, some are restricted and some are illegal to own, use and supply to others.</p>	<p><b>Pupils should be taught:</b></p> <ul style="list-style-type: none"> <li>• To realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours(including cyber bullying, use of prejudice-based language, how to respond and ask for help</li> <li>• To recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships</li> </ul>	<p><b>Pupils should be taught:</b></p> <ul style="list-style-type: none"> <li>• To understand how rights, rules and responsibilities affect them and others in class and in the school.</li> <li>• To take an active role in making and changing rules and in carrying them out.</li> <li>• To understand why rules and laws are needed in society</li> <li>• To be able to discuss and debate moral and social questions and develop their own views.</li> <li>• To understand what they have learned and to be able to share it with others.</li> </ul>

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Events in the School Year

January
February
March - Lent - Caford
April
May
June
July/August
September
October
November
December - Advent

Fundraising News

- Easy Fundraising Raise money for the school by shopping online.



