



ST THOMAS MORE CATHOLIC PRIMARY SCHOOL AUTUMN MENU

04/01/23, 23/01/23

Jacket Potato with Cheese, Beans
Or Tuna Mayo

Angel Delight,
Yoghurts or Fresh Fruit

Beef Lasagne with Garlic Bread
Vegetable Lasagne with Garlic Bread

Jelly,
Yoghurts or Fresh Fruit

Pepperoni Pizza,
Ham & Pineapple Pizza
Margherita Pizza with Diced Potatoes

Marble Cake with Custard,
Yoghurt or Fresh Fruit

Roast Chicken/Cheese & Tomato Swirls
Roast Potatoes, Broccoli & Gravy

Chocolate Biscuit
Yoghurt or Fresh Fruit

Fish Fingers, Chips & Baked Beans

Rice Crispy Cake
Yoghurt or Fresh Fruit

09/01/23, 30/01/23

Planet Saving Cottage Pie
with Peas & Carrots

Shortbread Biscuit,
Yoghurt or Fresh Fruit

Chicken/Quorn Tikka Masala
with Steamed Rice & Naan Bread

Fresh Fruit Salad or Yoghurts

Tomato Pasta Bake
with Salad

Jam Sponge & Custard,
Yoghurt or Fresh Fruit

Roast Beef/Cheese & Onion Pasty
Roast Potatoes, Broccoli & Gravy

Flapjack
Yoghurt or Fresh Fruit

Battered Fish, Chips & Baked Beans

Chocolate Brownie
Yoghurt or Fresh Fruit

16/01/23, 06/02/23

Vegetarian Burger in a Bun
served with Wedges & Salad

Cappuccino Cake
Yoghurt or Fresh Fruit

Chilli Con Carne/Vegetable Chilli
with Steamed Rice & Nachos

Gingerbread Biscuit
Yoghurt or Fresh Fruit

Sausage/Vegan Sausage
with Mash Potato, Peas & Gravy

Lemon Sponge with Custard
Yoghurt or Fresh Fruit

Roast Turkey/Vegetable Samosa
Roast Potatoes, Broccoli & Gravy

Fruit Jelly
Yoghurt or Fresh Fruit

Fish Fingers, Chips & Baked Beans

Cornflake Tart with Custard
Yoghurt or Fresh Fruit

DATES TO REMEMBER

Meat-free Mondays.
Helping to save our planet.

TUESDAY
WEDNESDAY
THURSDAY
FRIDAY

All our main meals are served with seasonal vegetables, freshly baked bread, chilled and filtered water and freshly made ham or cheese sandwich/wrap/sub/bagel are also available as an alternative - options change weekly